

Soban Singh Jeena University, Almora
Examination 2026-27 ODD Semester
Programme for Department of Yoga (Main/Ex/Back)

Time: 09:00 AM - 12:00 Noon

Date & Day	Class	Subject	Paper
22/12/2026 Tuesday	पंचकर्म चिकित्सा –प्रमाण पत्र	Introduction of Panchkarma	I
	P.G. Diploma in Yogic Science I Semester	मानव चेतना एवं योग का परिचय Introduction of Human Consciousness and yoga	I
24/12/2026 Thursday	मर्म चिकित्सा–प्रमाण पत्र	Introduction Marma Therapy	I
	P.G. Diploma in Yogic Science I Semester	हठयोग Hath Yoga	II
29/12/2026 Tuesday	CNYS	योग एवं प्राकृतिक चिकित्सा का परिचय Introduction of Yoga and Naturopathy	I
	P.G. Diploma in Yogic Science I Semester	योग में अध्यापन विधियाँ Teaching Methodology in Yoga	III
31/12/2026 Thursday	CNYS	आहार, स्वास्थ्य एवं पोषण Health, Diet and Nutrition	II
07/01/2027 Thursday	P.G. Diploma in Yogic Science I Semester	भारीर रचना क्रिया विज्ञान Human Anatomy & Physiology	IV

Note: No guarantee can be given to the candidates regarding the order of question papers.

Place: Almora

Date: 06-10-2026

COE